

Resources for Environmental Management of Pediatric Asthma

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Non-Governmental Organizations

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Federal Government Agencies

National, Heart, Lung, and Blood Institute

- The National Asthma Education and Prevention Program
<http://www.nhlbi.nih.gov/about/naepp/index.htm>
- Asthma Information for Patients and the Public
<http://www.nhlbi.nih.gov/health/public/lung/index.htm#asthma>.
- To order materials, visit <http://email.nhlbihin.net/Default.asp?> or call 301-592-857.

National Institute of Environmental Health Sciences

<http://www.niehs.nih.gov/health/topics/conditions/asthma/>

National Library of Medicine

- Indoor Air Pollution - List of links to Internet resources
<http://sis.nlm.nih.gov/enviro/indoorairpollution.html>
- Outdoor Air Pollution - List of links to Internet resources
<http://sis.nlm.nih.gov/enviro/outdoorairpollution.html>
- MEDLINE plus – Consumer health asthma resources:
<http://www.nlm.nih.gov/medlineplus/asthma.html>

U.S. Centers for Disease Control and Prevention

- <http://www.cdc.gov/health/asthma.htm>
- National Center for Environmental Health Asthma Information
<http://www.cdc.gov/asthma/>
- Indoor Air Quality Offices and Programs by State
http://www.cdc.gov/nceh/airpollution/indoor_air.htm

U.S. Environmental Protection Agency

- Asthma and Indoor Environments
<http://www.epa.gov/asthma/index.html>
- Air Now - Provides national air quality information, including daily air quality index forecasts and conditions.
<http://airnow.gov>
- Children's Environmental Health
<http://yosemite.epa.gov/ochp/ochpweb.nsf/content/homepage.htm>
- To order EPA materials free of charge, visit
<http://www.epa.gov/asthma/publications.html> or call 1-800-490-9198.

Non-Governmental Organizations: Below is a list of organizations that have general websites about asthma for health care providers and/or patients. Organizations that have specific resources related to environmental triggers of asthma, but do not have general websites about asthma are listed under health professional and/or patient resources.

Allergy and Asthma Network Mothers of Asthmatics, Inc.

<http://www.aanma.org>

To order materials, visit <http://www.aanma.org/generalstore/> or call 800-878-4403.

Allies Against Asthma

<http://www.asthma.umich.edu/index.html>

Ambulatory Pediatric Association

<http://www.ambpeds.org/>

America's Health Insurance Plans Taking on Asthma Initiative

<http://www.takingonasthma.org/>

American Academy of Allergy, Asthma and Immunology

- <http://www.aaaai.org>
- Information for Health Professionals
<http://www.aaaai.org/aadmc/default.htm>
- Information for Patients and Consumers
http://www.aaaai.org/patients/allergic_conditions/pediatric_asthma.stm
- To order resources, visit <http://www.aaaai.org/patients/resources/inforequest.stm>, or call 414-272-6070.

American Academy of Family Physicians

- <http://www.aafp.org>
- Resources for Patients
<http://familydoctor.org/online/famdocen/home/common/asthma.html>
- To order materials, visit <https://secure.aafp.org/catalog/> or call 1-800-944-0000.

American Academy of Pediatrics

<http://www.aap.org/healthtopics/asthma.cfm>

To order materials, visit <http://www.aap.org/bst/index.cfm?DID=15> or call 866-843-2271.

American College of Allergy, Asthma & Immunology

<http://www.acaai.org/public/>

American College of Emergency Physicians
Information for Patients and Consumers
<http://www.acep.org/patients.aspx?id=25982>

American Lung Association

- <http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=33276>
- Information for Health Professionals
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=23705>
- To order materials, call 1-800-LUNG-USA.

Asthma and Allergy Foundation of America
<http://www.aafa.org/display.cfm?id=8>.

To order materials, visit <http://aafa.org/display.cfm?id=4&sub=87> or call 1-800-727-8462.

Asthma Resource Bank

<http://www.asthmaresourcebank.org>

National Association of School Nurses

<http://www.nasn.org/Default.aspx?tabid=144>

For further information call 303-663-2329.

National Medical Association

<http://nmaasthmanet.org/index.php>

Educational Resources for Health Care Providers:

Clinical Practice Guidelines

- American Academy of Allergy, Asthma & Immunology in partnership with American Academy of Pediatrics and National Heart, Lung, and Blood Institute. *Pediatric Asthma Promoting Best Practice -- Guide for Managing Asthma in Children*. 2003.
<http://www.aaaai.org/members/resources/initiatives/pediatricasthmaguidelines/default.stm>
- American Medical Association. *Essential Guide to Asthma*.
https://catalog.ama-assn.org/Catalog/product/product_detail.jsp?productId=OP037998
- National Heart, Lung, and Blood Institute National Asthma Education and Prevention Program. *Guidelines for the Diagnosis and Management of Asthma*. June 2003.
<http://www.nhlbi.nih.gov/guidelines/index.htm>.
- National Heart, Lung, and Blood Institute and Centers for Disease Control and Prevention. *Key Clinical Activities for Quality Asthma Care Recommendations of the National Asthma Education and Prevention Program*. March 28, 2003.
<http://www.nhlbi.nih.gov/health/prof/lung/asthma/asthmacare.htm>

- National Heart, Lung, and Blood Institute and Global Initiative for Asthma. *Global Strategy for Asthma Management and Prevention*. 1998.
<http://www.ginasthma.com/Guidelineitem.asp??i1=2&i2=1&intId=49>.
- New York State of Consensus Asthma Guideline Expert Panel. *Clinical Guideline for the Diagnosis, Evaluation, and Management of Adults and Children with Asthma*. 2003.
<http://www.health.state.ny.us/nysdoh/asthma/index.htm>
- University of Connecticut Health Center. *Guidance for Clinicians on the Recognition and Management of Health Effects Related to Mold Exposure and Moisture Indoors*. September 30, 2004.
http://www.oehc.uchc.edu/clinser/MOLD_GUIDE.pdf.

General Resources: The resources in this category include general and topic-specific information about environmental triggers of asthma for health care providers.

- American Academy of Pediatrics
Non-pharmacologic Approaches to Asthma Management. 2003.
<http://www.aap.org/sections/allergy/nonrxMD.pdf>
- American Cancer Society
Resources for health professionals to help their patients with smoking cessation
http://www.cancer.org/docroot/PED/PED_10_6.asp?sitearea=PED
- Centers for Disease Control and Prevention
Information about potentially effective interventions for asthma
<http://www.cdc.gov/asthma/interventions/default.htm>
- National Jewish Medical and Research Center
Asthma Information
<http://asthma.nationaljewish.org/programs/professional/>
- Physicians for Social Responsibility
Asthma and the Role of Air Pollution: What the Primary Care Physician Should Know
http://www.psr.org/site/DocServer/Asthma_and_Air_Pollution.pdf?docID=521
- The New York City Department of Health and Mental Hygiene.
Provider education on creating a medical home for asthma
<http://www.ci.nyc.ny.us/html/doh/html/cmha/>
- University of Michigan and Robert Wood Johnson Foundation Physician Asthma Care Education Program
<http://www.asthma.umich.edu/>

Books and Manuals

- Institute of Medicine. Division of Health Promotion and Disease Prevention. *Clearing the Air Asthma and Indoor Air Exposures*. 2000.
<http://books.nap.edu/books/0309064961/html/>
- Institute of Medicine. *Damp Indoor Places and Health*. 2004.
<http://www.nap.edu/books/0309091934/html/>
- American Academy of Pediatrics Committee on Environmental Health. *Pediatric Environmental Health 2nd ed.* 2003.
http://www.aap.org/bst/showdetl.cfm?&DID=15&Product_ID=1697&CatID=132
- American College of Allergy, Asthma & Immunology. *Asthma Disease Management Resource Manual*.
http://www.acaai.org/Member/Practice_Resources/manual.htm
- International Joint Commission and Ontario College of Family Physicians. *Environmental Health in Family Medicine*. 2000. [CD ROM]
<http://www.ijc.org/rel/boards/hptf/modules/content.html>

Case Studies

- Agency for Toxic Substances and Disease Registry. *Case Studies in Environmental Medicine: Environmental Triggers of Asthma*. Expiration date: October 17, 2010.
<http://www.atsdr.cdc.gov/HEC/CSEM/asthma/>
- American College of Preventive Medicine and the Agency for Toxic Substances and Disease Registry. *Case Studies in Environmental Medicine: Pediatric Environmental Health; Environmental Triggers of Asthma*. 2003.
<http://www.acpm.org/ehealth/pediatrichealth.htm>
- Mid-Atlantic Center for Children's Health and the Environment Pediatric Environmental Health Specialty Unit. *Indoor Mold Exposure - Effects, Recognition, and Management*.
<http://www.health-e-kids.org/> (Click on the Providers link on the left to find resource)
- Mid-Atlantic Center for Children's Health and the Environment Pediatric Environmental Health Specialty Unit. *Molds Case Studies and Overview of Molds*.
<http://www.health-e-kids.org/> (Click on the Tutorials link on the left and scroll down to find resource)
- Children's Hospital of Philadelphia Community Asthma Prevention Program Case Study
<http://www.epa.gov/asthma/pdfs/chop.pdf>

Continuing Education Modules

- Centers for Disease Control and Prevention. National Asthma Training Curriculum. (Accredited for CME, CNE, CECH, CEU)
http://bookstore.phf.org/product_info.php?cPath=40&products_id=366
- Environmental Protection Agency. *Ozone and Your Patients' Health: Training for Health Care Providers*.
<http://www.epa.gov/O3healthtraining/>
- American Academy of Allergy, Asthma & Immunology. *Environmental Management of Asthma course*. (Accredited for CME, CE, and CCM; Expiration date: December 31, 2005)
http://www.aaaai.org/members/cme_ce/environmental_management/notice.asp
- American College of Preventive Medicine and the Agency for Toxic Substances and Disease Registry. *Asthma Prevention in Children session*. (Accredited for CME)
http://www.acpm.org/ehealth/asthma_children.htm
- Medscape. *Pediatric Asthma Care Enrichment* (Accredited for CME; Expiration date: November 24, 2005)
<http://www.medscape.com/viewprogram/3613?src=sidesearch>.
- Mid-Atlantic Center for Children's Health and the Environment Pediatric Environmental Health Specialty Unit. *Ozone: naturally occurring stratospheric molecule*.
<http://www.health-e-kids.org/> (Click on the Tutorials link on the left and scroll down to find resource)
- National Jewish Medical and Research Center. *Strategies and Challenges in Asthma: Diagnosis, Treatment, and Management and Diagnosis and Treatment of Asthma: Highlights from the Core Curriculum Conference*. (Accredited for CME and CE)
<http://www.breatheworkplay.com/cmeactivities.html>
- The Association of Occupational and Environmental Clinics. *Environmental Health Effects of Ambient Air Pollution*. 1991.
<http://www.aoec.org/resources.htm> (Click on the Peer-Reviewed Modules link on the right and scroll down to find module)
- The Association of Occupational and Environmental Clinics. *Indoor Environmental Quality: A Continuing Medical Evaluation Lecture Module for Clinicians*.
<http://www.aoec.org/resources.htm> (Click on the Peer-Reviewed Modules link on the right and scroll down to find module)

Presentations

- Environmental Protection Agency. Controlando los Factores del Asma. Spanish language video describing common environmental asthma triggers found indoors and out. EPA product #402-C-04-003 (DVD) or 402-V-04-002 (VHS).
<http://www.epa.gov/asthma/publications.html>
- American Academy of Pediatrics. Pediatric Asthma Speaker's Kit.
<http://www.aap.org/sections/allergy/pe.cfm>
- California Air Resources Board. *Health Update: Ozone Generators Sold as "Air Purifiers"*. January 20, 2005.
<http://www.arb.ca.gov/research/indoor/ozone.htm>
- The Association of Occupational and Environmental Clinics. *Impacts of Criteria Air Pollutants on the Respiratory Health of Children*. August 01, 2000.
<http://www.aoc.org/resources.htm> (Click on the Downloadable PowerPoint link on the right and scroll down to find presentation)

Patient Materials/Resources:

General

Centers for Disease Control and Prevention

Meeting the Challenge: Don't Let Asthma Keep You Out of the Game

http://www.bam.gov/sub_physicalactivity/physicalactivity_meetchallenge_1.html

Environmental Protection Agency

- Information about asthma triggers
<http://www.noattacks.org/>
- What You Can Do to Protect Children from Environmental Risks
<http://yosemite.epa.gov/ochp/ochpweb.nsf/content/tips.htm>
- Live, Learn, Play — Tune Into Your Health and Environment book for teens
<http://yosemite.epa.gov/ochp/ochpweb.nsf/content/youthbook.htm>
- Help Your Child Gain Control Over Asthma
http://www.epa.gov/asthma/pdfs/ll_asthma_brochure.pdf
- Dusty The Asthma Goldfish and His Asthma Triggers Funbook for kids
In English: http://www.epa.gov/asthma/pdfs/dustythegoldfish_en.pdf
In Spanish: http://www.epa.gov/asthma/pdfs/dustythegoldfish_sp.pdf
- Asthma and Outdoor Air Pollution factsheet
http://cfpub.epa.gov/airnow/index.cfm?action=health_prof.main

- Air Quality Index A Guide to Air Quality and Your Health
<http://cfpub.epa.gov/airnow/index.cfm?action=aqibroch.index>

American Academy of Allergy, Asthma & Immunology

- Tips to Remember: Asthma Triggers and Management brochure
<http://www.aaaai.org/patients/publicedmat/tips/asthmatrippersandmgmt.stm>
- Just for Kids section: activities for kids about managing allergies and asthma
<http://www.aaaai.org/patients/just4kids/default.stm>
- Fact Sheet on Treating Asthma
http://www.aaaai.org/patients/resources/fact_sheets/treating_asthma.pdf

American Academy of Pediatrics

- Pediatric Asthma Books, Pamphlets, and Additional Resources
<http://www.aap.org/sections/allergy/child.cfm#add>

Pamphlets, including:

- Non-Pharmacologic Approaches
- Asthma and Schools
- Overview
- How to Help Your Child With Asthma
- My asthma action plan
- Allergies in Children

Books, including:

- Guide to Your Child's Allergies and Asthma. 2000.

Additional resources, including:

- How to help your allergies and asthma easy reader sheet
- My asthma action plan

American Lung Association

- Asthma and children information
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=22691>
- Asthma publications
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=33209>
- Online club for kids with asthma
<http://www.asthmabusters.org/>

Asthma and Allergy Foundation of America

Children, parent, and caregiver programs

<http://aafa.org/display.cfm?id=4&sub=79&cont=351>

Rutgers University Cooperative Extension
Controlling Asthma presentation available in English and Spanish
<http://www.rcrc.rutgers.edu/presentations/presentation.asp?id=53>

National Safety Council
<http://www.nsc.org/ehc/asthma.htm>

National Jewish Medical and Research Center
Asthma and Your Environment
<http://www.nationaljewish.org/disease-info/diseases/asthma/living/environ/index.aspx>

Nemours Foundation:
Asthma information for kids
http://www.kidshealth.org/kid/health_problems/

University of Texas Health Science Center at San Antonio
Allergen Attack! A Job for the Micro Force Comic Book
<http://www.uthscsa.edu/hscnews/singleformat.asp?newID=1662&SearchID=Family>

Dust Mites

Environmental Protection Agency
<http://www.epa.gov/iaq/asthma/dustmites.html>

National Institute of Allergies and Infectious Diseases
<http://www.niaid.nih.gov/factsheets/dustfree.htm>

National Institute of Environmental Health Sciences
<http://www.niehs.nih.gov/health/topics/conditions/asthma/dustmites.cfm>

Air Cleaners

Environmental Protection Agency
"Ozone Generators Sold as Air Cleaners" information
<http://www.epa.gov/iedweb00/pubs/ozongen.html>

American Lung Association
Residential Air Cleaning Devices- Types, Effectiveness and Health Impact
<http://www.lungusa.org/site/pp.asp?c=dvLUK900E&b=39289>

Animal Allergens

National Institute of Environmental Health Sciences
<http://www.niehs.nih.gov/health/topics/conditions/asthma/pets.cfm>

American College of Allergy, Asthma & Immunology
Advice from Your Allergist...Pet Allergy
<http://www.acaai.org/public/advice/pets.htm>

Cockroach Allergen

Environmental Protection Agency Indoor
<http://www.epa.gov/iaq/asthma/pests.html>

National Institute of Environmental Health Sciences
<http://www.niehs.nih.gov/health/topics/conditions/asthma/cockroaches.cfm>

Pest Control and Integrated Pest Management

Environmental Protection Agency

- Controlling Pests information
<http://www.epa.gov/pesticides/controlling/index.htm>
- Integrated Pest Management in Schools
<http://www.epa.gov/pesticides/ipm/>
- Sources of Indoor Air Pollution - Pesticides
<http://www.epa.gov/iaq/pesticide.html>
- Citizen's Guide to Pest Control and Pesticide Safety
http://www.epa.gov/oppfead1/Publications/Cit_Guide/citguide.pdf

Mold/Mildew

Centers for Disease Control and Prevention
<http://www.cdc.gov/mold/>

Environmental Protection Agency
<http://www.epa.gov/iaq/asthma/molds.html>

National Institute of Environmental Health Sciences
<http://www.niehs.nih.gov/health/topics/conditions/asthma/mold.cfm>

American Lung Association
Flood Clean Up Fact Sheet
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=35694>

Environmental Tobacco Smoke

Environmental Protection Agency

- Indoor Environmental Asthma Triggers - Secondhand Smoke
<http://www.epa.gov/iaq/asthma/shs.html>
- Smoke Free Homes Initiative
<http://www.epa.gov/iaq/ets/index.html>

National Institute of Environmental Health Sciences

<http://www.niehs.nih.gov/health/topics/conditions/asthma/smoke.cfm>

American Academy of Pediatrics

Dangers of Secondhand Smoke Brochure

<http://www.aap.org/visit/cmte16.htm>

American Lung Association

- Smoking 101 Fact Sheet
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=39853>
- Secondhand Smoke Fact Sheet
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=35422>

Teen Smoking

American Academy of Pediatrics

- Tobacco: Straight Talk for Teens (scroll down to find link)
<http://www.aap.org/visit/cmte16.htm>
- Risks of Tobacco Use: A Message for Parents and Teens (scroll down to find link)
<http://www.aap.org/visit/cmte16.htm>

American Lung Association

Smoking and Teens Fact Sheet

<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=39871>

Smoking Cessation

American Cancer Society

Kick the Habit Site

http://www.cancer.org/docroot/PED/ped_10_3.asp?sitearea=PED

American Lung Association

Smoking Cessation Support

<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=22931>

Indoor Air Pollution

Environmental Protection Agency

- Asthma and Indoor Environments Index
<http://www.epa.gov/iaq/asthma/index.html>
- Clearing the Air of Asthma Triggers 10 Steps to Making Your Home Asthma-Friendly
http://www.epa.gov/iaq/asthma/pdfs/10_steps_en.pdf
- Asthma In-Home Intervention. April 2003.
<http://www.epa.gov/asthma/pdfs/chop.pdf>
- Asthma Home Environment Checklist
<http://permanent.access.gpo.gov/websites/epagov/www.epa.gov/asthma/resources.html>
- Indoor Environmental Asthma Triggers - Nitrogen Dioxide (NO₂)
<http://www.epa.gov/iaq/asthma/no2.html>

American Academy of Allergy, Asthma & Immunology

Tips to Remember: Indoor Allergens

<http://www.aaaai.org/patients/publicedmat/tips/indoorallergens.stm>

American Lung Association

- Indoor Air Quality Homepage
<http://www.lungusa.org/site/apps/lk/links.asp?c=dvLUK9O0E&b=36056>
Includes a variety of indoor air quality publications related to asthma triggers, including:
 - Home Control of Asthma & Allergies
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=22591>
 - Health House - The Health House® program can provide you with important information for making healthier choices for your home.
<http://www.healthhouse.org>
 - Indoor air pollution fact sheet
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=35381>

Outdoor Air Pollution

Environmental Protection Agency

- Outdoor Air Pollution Homepage
<http://www.epa.gov/iaq/asthma/outdoorair.html>
- Outdoor Air Pollution Mobile Source Emissions Consumer Information
<http://www.epa.gov/otaq/actions.htm>
- Air Quality Guide for Ozone <http://www.epa.gov/airnow/consumer.html>

- Ozone and Your Health <http://www.epa.gov/airnow/brochure.html>
- Ozone: Good Up High, Bad Nearby <http://www.epa.gov/oar/oaqps/gooduphigh/>
- Air Quality Index - A Guide to Air Quality and Your Health <http://www.epa.gov/airnow/aqibroch/>
- Air Quality Guide for Particle Pollution <http://www.epa.gov/airnow/aqguidepart.html>
- Particle Pollution and Your Health <http://www.epa.gov/airnow/particle/cover.html>
- Smog - Who Does it Hurt? <http://www.epa.gov/airnow/health/>
- Summertime Safety: Keeping Kids Safe from Sun and Smog <http://www.epa.gov/sunwise/summertime.html>
- How Smoke from Fires Can Affect Your Health <http://www.epa.gov/airnow/smoke2/smokecover.html>

National Institute of Environmental Health Sciences

Ozone Alerts

<http://www.niehs.nih.gov/health/topics/agents/ozone/>

American Academy of Allergy, Asthma & Immunology

Tips to Remember: Prevention of Allergies and Asthma in Children

<http://www.aaaai.org/patients/publicedmat/tips/preventioninchildren.stm>

American College of Emergency Physicians

Breathe Easy During Allergy Season

<http://www.acep.org/patients.aspx?id=25980>

American Lung Association

- Outdoor Air Quality Homepage

<http://www.lungusa.org/site/apps/lk/links.asp?c=dvLUK9O0E&b=36751>

Includes a variety of outdoor air quality publications related to asthma triggers, including:

- Children and Ozone Fact Sheet <http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=44567>
- Outdoor Air Pollution Fact Sheet <http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=50324>
- Ozone Air Pollution Fact Sheet <http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=50328>

Physicians for Social Responsibility

Code Red Alert: Ozone and Your Health: brochure that provides information about the effects of ozone on human health.

http://www.psr.org/site/DocServer/Asthma_and_Air_Pollution.pdf?docID=521

Outdoor Allergens

National Institute of Environmental Health Sciences

- Asthma & Allergy Prevention - Pollen

<http://www.niehs.nih.gov/health/topics/conditions/asthma/pollen.cfm>

American Academy of Allergy, Asthma & Immunology

Tips to Remember: Outdoor Allergens

<http://www.aaaai.org/patients/publicedmat/tips/outdoorallergens.stm>

Schools and School Buses

Environmental Protection Agency

- Healthy School Environments

<http://www.epa.gov/schools/>

- Managing Asthma in the School Environment

<http://www.epa.gov/iaq/schools/managingasthma.html>

- Clean School Bus USA

<http://www.epa.gov/cleanschoolbus/>

- What You Should Know About Diesel Exhaust and School Bus Idling

<http://www.epa.gov/otaq/retrofit/documents/f03021.pdf>

National Heart, Lung, and Blood Institute

How Asthma-Friendly Is Your School?

<http://www.nhlbi.nih.gov/health/public/lung/asthma/friendhi.htm>

The New England Asthma Regional Council

Toolkit for Reducing Diesel Emissions

http://www.asthmaregionalcouncil.org/about/_BusToolkit.htm

Union of Concerned Scientists

Clean School Bus Campaign Information

<http://www.cleanschoolbus.org/>