

Presentations

- Environmental Protection Agency. Controlando los Factores del Asma. Spanish language video describing common environmental asthma triggers found indoors and out. EPA product #402-C-04-003 (DVD) or 402-V-04-002 (VHS).
<http://www.epa.gov/asthma/publications.html>
- American Academy of Pediatrics. Pediatric Asthma Speaker's Kit.
<http://www.aap.org/sections/allergy/pe.cfm>
- California Air Resources Board. *Health Update: Ozone Generators Sold as "Air Purifiers"*. January 20, 2005.
<http://www.arb.ca.gov/research/indoor/ozone.htm>
- The Association of Occupational and Environmental Clinics. *Impacts of Criteria Air Pollutants on the Respiratory Health of Children*. August 01, 2000.
<http://www.aoc.org/resources.htm> (Click on the Downloadable PowerPoint link on the right and scroll down to find presentation)

Patient Materials/Resources:

General

Centers for Disease Control and Prevention

Meeting the Challenge: Don't Let Asthma Keep You Out of the Game

http://www.bam.gov/sub_physicalactivity/physicalactivity_meetchallenge_1.html

Environmental Protection Agency

- Information about asthma triggers
<http://www.noattacks.org/>
- What You Can Do to Protect Children from Environmental Risks
<http://yosemite.epa.gov/ochp/ochpweb.nsf/content/tips.htm>
- Live, Learn, Play — Tune Into Your Health and Environment book for teens
<http://yosemite.epa.gov/ochp/ochpweb.nsf/content/youthbook.htm>
- Help Your Child Gain Control Over Asthma
http://www.epa.gov/asthma/pdfs/ll_asthma_brochure.pdf
- Dusty The Asthma Goldfish and His Asthma Triggers Funbook for kids
In English: http://www.epa.gov/asthma/pdfs/dustythegoldfish_en.pdf
In Spanish: http://www.epa.gov/asthma/pdfs/dustythegoldfish_sp.pdf
- Asthma and Outdoor Air Pollution factsheet
http://cfpub.epa.gov/airnow/index.cfm?action=health_prof.main

- Air Quality Index A Guide to Air Quality and Your Health
<http://cfpub.epa.gov/airnow/index.cfm?action=aqibroch.index>

American Academy of Allergy, Asthma & Immunology

- Tips to Remember: Asthma Triggers and Management brochure
<http://www.aaaai.org/patients/publicedmat/tips/asthmatrippersandmgmt.stm>
- Just for Kids section: activities for kids about managing allergies and asthma
<http://www.aaaai.org/patients/just4kids/default.stm>
- Fact Sheet on Treating Asthma
http://www.aaaai.org/patients/resources/fact_sheets/treating_asthma.pdf

American Academy of Pediatrics

- Pediatric Asthma Books, Pamphlets, and Additional Resources
<http://www.aap.org/sections/allergy/child.cfm#add>

Pamphlets, including:

- Non-Pharmacologic Approaches
- Asthma and Schools
- Overview
- How to Help Your Child With Asthma
- My asthma action plan
- Allergies in Children

Books, including:

- Guide to Your Child's Allergies and Asthma. 2000.

Additional resources, including:

- How to help your allergies and asthma easy reader sheet
- My asthma action plan

American Lung Association

- Asthma and children information
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=22691>
- Asthma publications
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=33209>
- Online club for kids with asthma
<http://www.asthmabusters.org/>

Asthma and Allergy Foundation of America

Children, parent, and caregiver programs

<http://aafa.org/display.cfm?id=4&sub=79&cont=351>

Rutgers University Cooperative Extension
Controlling Asthma presentation available in English and Spanish
<http://www.rcrc.rutgers.edu/presentations/presentation.asp?id=53>

National Safety Council
<http://www.nsc.org/ehc/asthma.htm>

National Jewish Medical and Research Center
Asthma and Your Environment
<http://www.nationaljewish.org/disease-info/diseases/asthma/living/enviro/index.aspx>

Nemours Foundation:
Asthma information for kids
http://www.kidshealth.org/kid/health_problems/

University of Texas Health Science Center at San Antonio
Allergen Attack! A Job for the Micro Force Comic Book
<http://www.uthscsa.edu/hscnews/singleformat.asp?newID=1662&SearchID=Family>

Dust Mites

Environmental Protection Agency
<http://www.epa.gov/iaq/asthma/dustmites.html>

National Institute of Allergies and Infectious Diseases
<http://www.niaid.nih.gov/factsheets/dustfree.htm>

National Institute of Environmental Health Sciences
<http://www.niehs.nih.gov/health/topics/conditions/asthma/dustmites.cfm>

Air Cleaners

Environmental Protection Agency
"Ozone Generators Sold as Air Cleaners" information
<http://www.epa.gov/iedweb00/pubs/ozongen.html>

American Lung Association
Residential Air Cleaning Devices- Types, Effectiveness and Health Impact
<http://www.lungusa.org/site/pp.asp?c=dvLUK900E&b=39289>

Animal Allergens

National Institute of Environmental Health Sciences
<http://www.niehs.nih.gov/health/topics/conditions/asthma/pets.cfm>

American College of Allergy, Asthma & Immunology
Advice from Your Allergist...Pet Allergy
<http://www.acaai.org/public/advice/pets.htm>

Cockroach Allergen

Environmental Protection Agency Indoor
<http://www.epa.gov/iaq/asthma/pests.html>

National Institute of Environmental Health Sciences
<http://www.niehs.nih.gov/health/topics/conditions/asthma/cockroaches.cfm>

Pest Control and Integrated Pest Management

Environmental Protection Agency

- Controlling Pests information
<http://www.epa.gov/pesticides/controlling/index.htm>
- Integrated Pest Management in Schools
<http://www.epa.gov/pesticides/ipm/>
- Sources of Indoor Air Pollution - Pesticides
<http://www.epa.gov/iaq/pesticid.html>
- Citizen's Guide to Pest Control and Pesticide Safety
http://www.epa.gov/oppfead1/Publications/Cit_Guide/citguide.pdf

Mold/Mildew

Centers for Disease Control and Prevention
<http://www.cdc.gov/mold/>

Environmental Protection Agency
<http://www.epa.gov/iaq/asthma/molds.html>

National Institute of Environmental Health Sciences
<http://www.niehs.nih.gov/health/topics/conditions/asthma/mold.cfm>

American Lung Association
Flood Clean Up Fact Sheet
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=35694>

Environmental Tobacco Smoke

Environmental Protection Agency

- Indoor Environmental Asthma Triggers - Secondhand Smoke
<http://www.epa.gov/iaq/asthma/shs.html>
- Smoke Free Homes Initiative
<http://www.epa.gov/iaq/ets/index.html>

National Institute of Environmental Health Sciences

<http://www.niehs.nih.gov/health/topics/conditions/asthma/smoke.cfm>

American Academy of Pediatrics

Dangers of Secondhand Smoke Brochure

<http://www.aap.org/visit/cmte16.htm>

American Lung Association

- Smoking 101 Fact Sheet
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=39853>
- Secondhand Smoke Fact Sheet
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=35422>

Teen Smoking

American Academy of Pediatrics

- Tobacco: Straight Talk for Teens (scroll down to find link)
<http://www.aap.org/visit/cmte16.htm>
- Risks of Tobacco Use: A Message for Parents and Teens (scroll down to find link)
<http://www.aap.org/visit/cmte16.htm>

American Lung Association

Smoking and Teens Fact Sheet

<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=39871>

Smoking Cessation

American Cancer Society

Kick the Habit Site

http://www.cancer.org/docroot/PED/ped_10_3.asp?sitearea=PED

American Lung Association

Smoking Cessation Support

<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=22931>

Indoor Air Pollution

Environmental Protection Agency

- Asthma and Indoor Environments Index
<http://www.epa.gov/iaq/asthma/index.html>
- Clearing the Air of Asthma Triggers 10 Steps to Making Your Home Asthma-Friendly
http://www.epa.gov/iaq/asthma/pdfs/10_steps_en.pdf
- Asthma In-Home Intervention. April 2003.
<http://www.epa.gov/asthma/pdfs/chop.pdf>
- Asthma Home Environment Checklist
<http://permanent.access.gpo.gov/websites/epagov/www.epa.gov/asthma/resources.html>
- Indoor Environmental Asthma Triggers - Nitrogen Dioxide (NO₂)
<http://www.epa.gov/iaq/asthma/no2.html>

American Academy of Allergy, Asthma & Immunology

Tips to Remember: Indoor Allergens

<http://www.aaaai.org/patients/publicedmat/tips/indoorallergens.stm>

American Lung Association

- Indoor Air Quality Homepage
<http://www.lungusa.org/site/apps/lk/links.asp?c=dvLUK9O0E&b=36056>
Includes a variety of indoor air quality publications related to asthma triggers, including:
 - Home Control of Asthma & Allergies
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=22591>
 - Health House - The Health House® program can provide you with important information for making healthier choices for your home.
<http://www.healthhouse.org>
 - Indoor air pollution fact sheet
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=35381>

Outdoor Air Pollution

Environmental Protection Agency

- Outdoor Air Pollution Homepage
<http://www.epa.gov/iaq/asthma/outdoorair.html>
- Outdoor Air Pollution Mobile Source Emissions Consumer Information
<http://www.epa.gov/otaq/actions.htm>
- Air Quality Guide for Ozone <http://www.epa.gov/airnow/consumer.html>

- Ozone and Your Health <http://www.epa.gov/airnow/brochure.html>
- Ozone: Good Up High, Bad Nearby <http://www.epa.gov/oar/oaqps/gooduphigh/>
- Air Quality Index - A Guide to Air Quality and Your Health
<http://www.epa.gov/airnow/aqibroch/>
- Air Quality Guide for Particle Pollution
<http://www.epa.gov/airnow/aqguidepart.html>
- Particle Pollution and Your Health
<http://www.epa.gov/airnow/particle/cover.html>
- Smog - Who Does it Hurt? <http://www.epa.gov/airnow/health/>
- Summertime Safety: Keeping Kids Safe from Sun and Smog
<http://www.epa.gov/sunwise/summertime.html>
- How Smoke from Fires Can Affect Your Health
<http://www.epa.gov/airnow/smoke2/smokecover.html>

National Institute of Environmental Health Sciences

Ozone Alerts

<http://www.niehs.nih.gov/health/topics/agents/ozone/>

American Academy of Allergy, Asthma & Immunology

Tips to Remember: Prevention of Allergies and Asthma in Children

<http://www.aaaai.org/patients/publicedmat/tips/preventioninchildren.stm>

American College of Emergency Physicians

Breathe Easy During Allergy Season

<http://www.acep.org/patients.aspx?id=25980>

American Lung Association

- Outdoor Air Quality Homepage

<http://www.lungusa.org/site/apps/lk/links.asp?c=dvLUK9O0E&b=36751>

Includes a variety of outdoor air quality publications related to asthma triggers, including:

- Children and Ozone Fact Sheet
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=44567>
- Outdoor Air Pollution Fact Sheet
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=50324>
- Ozone Air Pollution Fact Sheet
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=50328>

Physicians for Social Responsibility

Code Red Alert: Ozone and Your Health: brochure that provides information about the effects of ozone on human health.

http://www.psr.org/site/DocServer/Asthma_and_Air_Pollution.pdf?docID=521

Outdoor Allergens

National Institute of Environmental Health Sciences

- Asthma & Allergy Prevention - Pollen

<http://www.niehs.nih.gov/health/topics/conditions/asthma/pollen.cfm>

American Academy of Allergy, Asthma & Immunology

Tips to Remember: Outdoor Allergens

<http://www.aaaai.org/patients/publicedmat/tips/outdoorallergens.stm>

Schools and School Buses

Environmental Protection Agency

- Healthy School Environments

<http://www.epa.gov/schools/>

- Managing Asthma in the School Environment

<http://www.epa.gov/iaq/schools/managingasthma.html>

- Clean School Bus USA

<http://www.epa.gov/cleanschoolbus/>

- What You Should Know About Diesel Exhaust and School Bus Idling

<http://www.epa.gov/otaq/retrofit/documents/f03021.pdf>

National Heart, Lung, and Blood Institute

How Asthma-Friendly Is Your School?

<http://www.nhlbi.nih.gov/health/public/lung/asthma/friendhi.htm>

The New England Asthma Regional Council

Toolkit for Reducing Diesel Emissions

http://www.asthmaregionalcouncil.org/about/_BusToolkit.htm

Union of Concerned Scientists

Clean School Bus Campaign Information

<http://www.cleanschoolbus.org/>