

# N • E • E • T • F

The National Environmental Education & Training Foundation

## Resources for Environmental Management of Pediatric Asthma

### Patient Materials/Resources:

#### General

Centers for Disease Control and Prevention

Meeting the Challenge: Don't Let Asthma Keep You Out of the Game

<http://www.bam.gov/fit4life/dont.htm>

Environmental Protection Agency

- Information about asthma triggers  
<http://www.noattacks.org/>
- What You Can Do to Protect Children from Environmental Risks  
<http://yosemite.epa.gov/ochp/ochpweb.nsf/content/tips.htm>
- Live, Learn, Play — Tune Into Your Health and Environment book for teens  
<http://yosemite.epa.gov/ochp/ochpweb.nsf/content/youthbook.htm>
- Help Your Child Gain Control Over Asthma  
[http://www.epa.gov/asthma/pdfs/ll\\_asthma\\_brochure.pdf](http://www.epa.gov/asthma/pdfs/ll_asthma_brochure.pdf)
- Dusty The Asthma Goldfish and His Asthma Triggers Funbook for kids  
In English: [http://www.epa.gov/asthma/pdfs/dustythegoldfish\\_en.pdf](http://www.epa.gov/asthma/pdfs/dustythegoldfish_en.pdf)  
In Spanish: [http://www.epa.gov/asthma/pdfs/dustythegoldfish\\_sp.pdf](http://www.epa.gov/asthma/pdfs/dustythegoldfish_sp.pdf)
- Asthma and Outdoor Air Pollution factsheet  
[http://cfpub.epa.gov/airnow/index.cfm?action=health\\_prof.main](http://cfpub.epa.gov/airnow/index.cfm?action=health_prof.main)
- Air Quality Index A Guide to Air Quality and Your Health  
<http://cfpub.epa.gov/airnow/index.cfm?action=aqibroch.index>

American Academy of Allergy, Asthma & Immunology

- Tips to Remember: Asthma Triggers and Management brochure  
<http://www.aaaai.org/patients/publicedmat/tips/asthmatriggersandmgmt.stm>
- Just for Kids section: activities for kids about managing allergies and asthma  
<http://www.aaaai.org/patients/just4kids/default.stm>
- Fact Sheet on Treating Asthma  
[http://www.aaaai.org/patients/resources/fact\\_sheets/treating\\_asthma.pdf](http://www.aaaai.org/patients/resources/fact_sheets/treating_asthma.pdf)

#### American Academy of Pediatrics

- Pediatric Asthma Books, Pamphlets, and Additional Resources

<http://www.aap.org/sections/allergy/child.cfm> - add

Pamphlets, including:

- Non-Pharmacologic Approaches
- Asthma and Schools
- Overview
- How to Help Your Child With Asthma
- My asthma action plan
- Allergies in Children

Books, including:

- Guide to Your Child's Allergies and Asthma. 2000.

[http://www.aap.org/bst/showdetl.cfm?&DID=15&Product\\_ID=2249&CatID=134%20target=](http://www.aap.org/bst/showdetl.cfm?&DID=15&Product_ID=2249&CatID=134%20target=)

Additional resources, including:

- How to help your allergies and asthma easy reader sheet
- My asthma action plan

#### American Lung Association

- Asthma and children information

<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=22691>

- Asthma publications

<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=33209>

- Online club for kids with asthma

<http://www.asthmabusters.org/>

#### Asthma and Allergy Foundation of America: Children, parent, and caregiver programs

<http://aafa.org/display.cfm?id=4&sub=79&cont=351>

#### Rutgers University Cooperative Extension

Controlling Asthma presentation available in English and Spanish

<http://www.rcrc.rutgers.edu/presentations/presentation.asp?id=53>

#### National Safety Council

<http://www.nsc.org/ehc/asthma.htm>

#### National Jewish Medical and Research Center Asthma and Your Environment

<http://asthma.nationaljewish.org/living/environment/index.php>

#### Nemours Foundation: Asthma information for kids

[http://www.kidshealth.org/kid/health\\_problems/](http://www.kidshealth.org/kid/health_problems/)