

# N • E • E • T • F

The National Environmental Education & Training Foundation

Resources for Environmental Management of Pediatric Asthma

## Patient Materials/Resources:

### Indoor Air Pollution

Environmental Protection Agency

- Asthma and Indoor Environments Index  
<http://www.epa.gov/iaq/asthma/index.html>
- Clearing the Air of Asthma Triggers 10 Steps to Making Your Home Asthma-Friendly  
[http://www.epa.gov/iaq/asthma/pdfs/10\\_steps\\_en.pdf](http://www.epa.gov/iaq/asthma/pdfs/10_steps_en.pdf)
- Asthma In-Home Intervention. April 2003.  
<http://www.epa.gov/cgi-bin/claritgw?op-Display&document=clserv:OAR:1136;&rank=4&template=epa>
- Asthma Home Environment Checklist  
<http://permanent.access.gpo.gov/websites/epagov/www.epa.gov/asthma/resources.html>
- Indoor Environmental Asthma Triggers - Nitrogen Dioxide (NO<sub>2</sub>)  
<http://www.epa.gov/iaq/asthma/no2.html>

American Academy of Allergy, Asthma & Immunology Tips to Remember: Indoor Allergens  
<http://www.aaaai.org/patients/publicedmat/tips/indoorallergens.stm>

American Lung Association

- Indoor Air Quality Homepage  
<http://www.lungusa.org/site/apps/lk/links.asp?c=dvLUK9O0E&b=36056>  
Includes a variety of indoor air quality publications related to asthma triggers, including:
  - Home Control of Asthma & Allergies  
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=22591>
  - Health House - The Health House® program can provide you with important information for making healthier choices for your home.  
<http://www.healthhouse.org/>
  - Indoor air pollution fact sheet  
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=35381>

## Outdoor Air Pollution

### Environmental Protection Agency

- Outdoor Air Pollution Homepage  
<http://www.epa.gov/iaq/asthma/outdoorair.html>
- Outdoor Air Pollution Mobile Source Emissions Consumer Information  
<http://www.epa.gov/otaq/actions.htm>
- Air Quality Guide for Ozone  
<http://www.epa.gov/airnow/consumer.html>
- Ozone and Your Health  
<http://www.epa.gov/airnow/brochure.html>
- Ozone: Good Up High, Bad Nearby  
<http://www.epa.gov/oar/oaqps/gooduphigh/>
- Air Quality Index - A Guide to Air Quality and Your Health  
<http://www.epa.gov/airnow/aqibroch/>
- Air Quality Guide for Particle Pollution  
<http://www.epa.gov/airnow/aqguidepart.html>
- Particle Pollution and Your Health  
<http://www.epa.gov/airnow/particle/cover.html>
- Smog - Who Does it Hurt?  
<http://www.epa.gov/airnow/health/>
- Summertime Safety: Keeping Kids Safe from Sun and Smog  
<http://www.epa.gov/sunwise/summertime.html>
- How Smoke from Fires Can Affect Your Health  
<http://www.epa.gov/airnow/smoke2/smokecover.html>

### National Institute of Environmental Health Sciences Ozone Alerts

<http://www.niehs.nih.gov/oc/factsheets/ozone/home.htm>

### American Academy of Allergy, Asthma & Immunology Tips to Remember: Prevention of Allergies and Asthma in Children

<http://www.aaaai.org/patients/publicedmat/tips/preventioninchildren.stm>

American College of Emergency Physicians Breathe Easy During Allergy Season  
<http://www.acep.org/webportal/PatientsConsumers/HealthSubjectsByTopic/AsthmaandAllergy/FeatureColumnBreatheEasyDuringAllergySeason.htm>

#### American Lung Association

- Outdoor Air Quality Homepage  
<http://www.lungusa.org/site/apps/lk/links.asp?c=dvLUK9O0E&b=36751>  
Includes a variety of outdoor air quality publications related to asthma triggers, including:
- Children and Ozone Fact Sheet  
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=44567>
- Outdoor Air Pollution Fact Sheet  
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=35351>
- Ozone Air Pollution Fact Sheet  
<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=50328>

Physicians for Social Responsibility Code Red Alert: Ozone and Your Health: brochure that provides information about the effects of ozone on human health.

[http://www.envirohealthaction.org/upload\\_files/ozone\\_brochure.pdf](http://www.envirohealthaction.org/upload_files/ozone_brochure.pdf)

#### Outdoor Allergens

##### National Institute of Environmental Health Sciences

- Asthma & Allergy Prevention - Grass Pollen  
<http://www.niehs.nih.gov/airborne/prevent/grass.html>
- Asthma & Allergy Prevention - Ragweed  
<http://www.niehs.nih.gov/airborne/prevent/ragweed.html>
- Asthma & Allergy Prevention - Trees  
<http://www.niehs.nih.gov/airborne/prevent/tree.html>

American Academy of Allergy, Asthma & Immunology Tips to Remember: Outdoor Allergens  
<http://www.aaaai.org/patients/publicedmat/tips/outdoorallergens.stm>

#### Schools and School Buses

##### Environmental Protection Agency

- Healthy School Environments  
<http://www.epa.gov/schools/>
- Managing Asthma in the School Environment  
<http://www.epa.gov/iaq/schools/asthma/index.html>

- Clean School Bus USA  
<http://www.epa.gov/cleanschoolbus/>
- What You Should Know About Diesel Exhaust and School Bus Idling  
<http://www.epa.gov/otaq/retrofit/documents/f03021.pdf>

National Heart, Lung, and Blood Institute  
How Asthma-Friendly Is Your School?  
<http://www.nhlbi.nih.gov/health/public/lung/asthma/friendhi.htm>

The New England Asthma Regional Council  
Toolkit for Reducing Diesel Emissions  
[http://www.astharegionalcouncil.org/about/\\_BusToolkit.htm](http://www.astharegionalcouncil.org/about/_BusToolkit.htm)

Union of Concerned Scientists Clean School Bus Campaign Information  
[http://www.ucsusa.org/clean\\_vehicles/trucks\\_and\\_buses/page.cfm?pageID=1313](http://www.ucsusa.org/clean_vehicles/trucks_and_buses/page.cfm?pageID=1313)